

THE ESSENTIAL newport set | co. mayo

1 jigs

jigs 272

intro: All advance, dance on the spot, retire, dance on the spot.

Lead halfway around, dancing on the spot at each position.

Swing.

Lead home, dancing on the spot at each position.

a line of three and swing: 1st top gent and partner advance, take opposite lady, retire, form line of three.

Trios advance, dance on the spot, gents retire as ladies dance to opposite position, dance on the spot.

Swing opposite lady or gent.

2nd top gent dances **a**, starting with 1st top lady as his partner.

Sides dance **a** with each gent active.

b diagonals and swing: Tops advance to the right, dance on the spot, retire dance on the spot.

Tops advance to the left, dance on the spot, 1st top gent and opposite lady dance in the center as other gent and lady retire, dance on the spot.

1st top gent and opposite lady swing in the center.

Tops dance **b** with 2nd top gent and opposite lady swinging in the center.

Sides dance **b** with each gent active.

c ladies arm chain into christmas: Top ladies chain, make full turn in center, give left hand to opposite gent and dance all the way around him, back to his left side, and into a...

Christmas.

Sides dance **c**.

ending: All advance, dance on the spot, retire, dance on the spot.

continued on back

steps

Step for jig figure is four bars, polka-style:

&-1-2-3-&-2-2-3-&-1-&-2-&-1-2-3.

Step for hornpipe figure is two bars: hop-1-hop-2-hop-1-2-3

or hop-a1-hop-a2-hop-a1-a2-a3.

2 hornpipe

hornpipes 184

intro: All advance, dance on the spot, retire, dance on the spot.

a single file circle: Ladies lead gents in circle anticlockwise, dancing 4 bars to each place then turning under for 4 bars, til home.

b diamond: Tops advance to face couple on left, dance on the spot, reverse to opposite position, dance on the spot. Repeat to home.

Sides dance **b**.

c ladies dance in, gents dance in: Ladies dance into set and turn to face partner, dance on the spot, turn anticlockwise together. Repeat with gents dancing into set and clockwise turn.

d slow ladies chain: Top ladies chain, making full turn in center. Chain home, making full turn in center.

Sides dance **d**.

e gates: Tops dance into a line with 1st tops in center, turn around opposite, dance home. Repeat with 2nd tops in center.

Sides dance **e**.

f fancy chain all around: Dance two bars to nearest corner, forming diagonal lines across set, then turn with corner person for two bars. Continue to next corner, turn again, and repeat til home.

ending: All advance, dance on the spot, retire, dance on the spot.

3 polka

polkas 240

a Circle in and out twice.

b House.

c Tops do the long gallop and house.

d Sides do the long gallop and house.

Repeat **a** through **d** with the ladies moving on during the last two bars of each circle, until finished housing with partner.

Advance and retire once.

Chain all around.

Swing.