

THE ESSENTIAL
kilfenora plain set | co. clare

pattern for figures 1–5

All lead around, lady's left hand on gent's shoulder, his arm around her waist.

All set to partner and swing.

Tops dance the figure as indicated below.

All set and swing.

Sides dance the figure.

All set and swing.

House.

1 pass through

reels 96

Pass through.

Ladies chain.

Pass through and lead home.

2 advance and retire

jigs 112

a Tops advance and retire twice; sides advance and retire twice beginning two bars behind them.

b Tops lead to opposite side and turn lady once; sides repeat. Repeat **a** and **b** to home.

3 turn in the center

reels 176

Top gent and opposite lady dance **a** through **d**:

a Dance clockwise slowly, right hand in right, in center of set.

b Swing.

c Dance anticlockwise left hand in left, then lead to opposite side with partners.

d Advance and retire once. Pass through, with partners, to home.

2nd top gent and opposite lady dance **a** through **d**.

4 wheelbarrow

reels 240

- a Ladies chain.
- b Set and swing.
- c Active couple dances in.
- d Wheelbarrow advance and retire.
- e Wheelbarrow advance and retire facing the other gent.
- f Christmas.

Repeat a through f with the other couple active.

5 sevens

jigs 112

Dance sevens in and out, then across and into opposite place.

Ladies chain.

Set and swing

Dance sevens in and out, then across to home.

6 quadrille

quadrilles 160

(All four couples dance this figure at the same time.)

Circle up, advance and retire twice.

- a Swing.
- b Quarterhouse.
- c Circle, advance and retire once; ladies star by the right to gent on their right.

Repeat a through c with each partner.

Swing with original partner.

House.